

Five Feet of Snow?

Campus footwear photographed by Brandon Gawel '15

LEBANON VALLEY COLLEGE'S STUDENT NEWSPAPER

La Vie Collegienne

Volume 82, No. 8

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January 28, 2015



"We're not going to panic this time."
Caitlin Packard senior



"I'm going to practice my instrument"
Dean Howey junior

Valley Voices Question:
What are the lies you tell yourself at the start of a semester?

"I won't swallow my sadness in a pint of ice cream while binge watching Netflix"
Garrett Collins sophomore



"I'm NOT going to procrastinate"

Joey LaBonte sophomore



Want to see your opinions in La Vie? Follow us on Twitter @LaVie_LVC! We'll be tweeting questions to the LVC community and your response may appear in a future issue of La Vie!

WE WANT YOUR FEEDBACK



lavie@lvc.edu



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<http://www.youtube.com/lvcoffthetracks>

Symposium on Inclusive Excellence

“Their courage, their pain demanded a serious response”



Photo By: Brandon Keller

La'Jadah Freeland, '15

BRANDON KELLER '15
STAFF WRITER

“Who can we rely on?” asks La'Jadah Freeland, '15, reflecting on recent events when police action resulted in the deaths of unarmed black men.

Freeland believes too many black citizens live in fear of those who are supposed to protect the public.

Dinner table conversations exist today in which black families must warn their children to do as police say if they are stopped or else get shot. Though real today, those conversations seemed to be lifted from the pages when African-Americans were bloodied and died when they fought for the right to vote or even eat at segregated lunch counters during the civil rights movement of the '60s

Justice still seems to be parceled

along racial lines. According to the NAACP Criminal Justice Fact Sheet, “African Americans are incarcerated at nearly six times the rate of whites.”

Freeland took it upon herself to provide awareness of this inequality during her Fall 2014 semester in Philadelphia. She took classes and lived in the city with other LVC students for the study abroad program, and she gave a presentation on police misconduct and improper procedure.

Through her passion to spread awareness for issues of police and race, she wonders “What is the message to young people?” To Freeland, people need to learn from police brutality in cases such as, the Eric Garner strangling in Staten Island, New York and the Eric Brown shooting in Ferguson, Missouri, in order to make social change.

LVC's Symposium on Inclusive

Excellence used Martin Luther King Jr. Day as a platform to give students an opportunity to discuss issues of diversity. Many of the sessions yielded insightful dialog, but the first one I attended stifled the day's essence with a bland lecture without open discussion.

My second session - “Learning from Ferguson” - proved that LVC students have a voice, and they need to share it. Dr. Jeffrey Robbins, Chair of Religion and Philosophy at LVC, opened our minds to thoughtful perspectives on recent events involving the death of black Americans at the hands of police.

Much of the group discussion revolved around the notion that people should analyze issues of race by focusing on repeated patterns of racial inequality. An examination of the sum of issues rather than individual episodes shows us that problems black Americans faced

before the Civil Rights Movement exist today.

With this harsh reality in mind, the symposium at LVC was inspired by certain events that occurred at our college approximately two years ago. According to Dr. Lewis Thayne, President of Lebanon Valley College, the MLK Day event resulted from “a group of students who shared with [him] their experience of racism at Lebanon Valley College. Their courage and, frankly, their pain demanded a serious response.”

President Thayne added: “If our students are going to lead and be successful in having an impact on the world, then they must be aware of and conversant with the issues of their times.”

B. KELLER

blk001@lvc.edu

LVC committed to inclusion from its inception

CODY A. STRYKER '16
STAFF WRITER

Lebanon Valley College completed its second annual Symposium on Inclusive Excellence in conjunction with the birthday of Martin Luther King Jr. on Monday, January 19.

As President Lewis B. Thayne explained in a campus-wide email, the symposium's purpose was “to learn, to grow, and to commit

ourselves to a comprehensive and continuing engagement with diversity in all of its parts. One of our strengths and core beliefs must be our visible commitment to value, respect, and understand every person at Lebanon Valley College.”

Many on campus are aware that the symposium was introduced in response to the changing social climate and issues that have occurred at LVC in recent years. And in my view, the symposium meshes well

with the college's history.

Lebanon Valley College was founded in 1866 by members of the United Brethren in Christ. From its very inception, LVC was designated a coeducational institution. We need to remember that in 1866 LVC was a pioneer in Pennsylvania since it was one of the first coeducational institutions in the state.

Today, we tend to take that for granted. But consider this: women

didn't acquire the right to vote in the U.S. until 1920 and offering coeducation in 1866 seems a great step forward for women of the time. LVC has grown since 1866 with women remaining very much a part of the college life. Much like many institutions, LVC has learned to adapt to the challenges of race, gender and sexuality

LVC may have implemented measures to deal with these social issues as a reaction to events

on campus and at large, but fixing these problems must begin with education. The Symposium on Inclusive Excellence then is not a reactive event, rather one of prevention. Perhaps then LVC has reached into its history of inclusion with hopes of securing an excellent future.

C. STRYKER

cas006@lvc.edu



A friend came to me the other day looking for advice.

She's crazy about this guy, but afraid that if she tells him too soon, whatever they have will come to a screeching halt.

What rule book is it that says a relationship will only last if both parties move forward at a glacial pace? Because I definitely don't re-

member reading it.

Why question something that feels so good? You wouldn't worry about the connection you have with the person sitting in front of you in English; you'd roll with the punches and suddenly find yourself with someone to binge-watch Netflix with on Thursday night.

So why stress yourself – and your new beau – over moving too quickly?

College is the time to be fearless, to put yourself out there. And once you do and find that person who entices you and draws you out, why would you want to stop? Go get what you want.

It's supposed to feel like that in

the beginning; it ought to be intense, wonderful, exhilarating. The greatest rush you might've felt in a long time.

But so many people crush that desire and excitement by “thinking” too much:

“It can't possibly be this good, feel this great, and still be real,” they think. “I've got to be crazy, rushing into this.”

Everybody's talking about how great being in the “honeymoon” phase is – but how would they know if they're not actually letting themselves experience it?

Go ahead, immerse yourself. Dive right in. That's exactly what I told my friend. Don't wait to re-

spond to that flirty text, don't overthink what they really mean when they ask you over for a “movie night”.

You feel that tingle, you go after it. Don't brush away the butterflies, don't worry about the rush from that deep kiss.

If you're out and find yourself losing track of time because you're just so engrossed in the person you're with, what could possibly make you think that it's a bad thing? Stop censoring yourself and have some fun. Enjoy the rush, because it's one of the greatest feelings in the world.

Hell, why wait? Go home with them, if that's where you're head-

ing. Quit worrying and just let yourselves go – see what happens when you do! It's okay to fall fast, and fall hard. (It's ok to do other things that way, too.)

In fact, I encourage it. The rules are up to you – if there are even any at all.

Don't be ashamed of getting caught up in the rush of a new thing. It could turn out to be the start of your forever... or at least the perfect ending to a long week. But unless you throw yourself into it, all you'll have is a head full of questions, and a lonely bed.

- Aphrodite

There's No Place Like

JENNIFER A. BOWERS '16

STAFF WRITER

Sweeney Todd got it right when they sang, "There's no place like London." I now know what they meant because I spent the fall 2014 semester studying there. Though it may not be the largest city in the world, it is a far cry from Annville. I was in awe of the diversity--all kinds of people from all walks of life live there.

I attended Kingston University, located in London's outskirts. Although the university was located away from the center of the city and all of the famous sights, it was easy to travel into London. There was also plenty to enjoy in Kingston itself.

The university has an enrollment of more than 20,000 students, which was a change from LVC's 1,600 student population. Like me, many of the students represented different parts of the globe.

London is a city with a long and rich history, and it was incredible to experience it. From Shakespeare's Globe to St. Paul's Cathedral (just across the river) and Westminster Abbey and beyond, many of the city's most popular destinations are within easy or reasonable walking distance from one another. Many are worth several visits.

It was the most natural thing in the world to hop on the subway (called the Underground or more



Photo By: Jennifer Bowers

Photograph of London's Famous Big Ben

commonly, "the tube"), travel into central London from my school, buy a tasty treat from a vendor and walk around the city for a couple hours.

I took in West End shows, strolled around Hyde Park, and explored the Tower of London plus much, much more during my three months there. Yes, I did drink more tea and eat fish and chips

over there —though England's national dish is now officially curry, a sign of its more varied culture.

I also made trips to other places, such as Scotland, Ireland, and Paris. Many other countries are easily accessible by train, ferry, or plane from England. I have pictures, and more importantly, memories, that will last me a lifetime.

All of this would not have been

possible without LVC's global education department. Directed by the brilliant Jill Russell, the program has outreaches in not only England, but France, Italy, Spain, Australia, New Zealand, and other countries.

If you can't study abroad for a whole semester, there are also shorter summer programs that typically last a few weeks in select countries. The department is always there to guide you through the nerve-racking process that preparing to go abroad can be. I was certainly anxious in the weeks and even months leading up to my trip, but I always had support here.

But when it was said and done in the end, all of my anxiety was completely worth the experience.

I miss London a little more every day. I know I will be back there again, and it is my hope to encourage and inspire others to take similar trips. If you want to try something new, experience a different culture, and travel somewhere amazing, studying abroad is for you. Information about upcoming meeting sessions for fall 2015 trips can be found at LVC's Study Abroad webpage.

J. BOWERS

jab013@lvc.edu

Letters to the Editor

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Brett Berta '17

CO-EDITOR
Lizzie Block '17

PHOTOGRAPHER
Brandon Gawel '15

SPORTS EDITOR
Brett Berta '17

CIRCULATION MANAGER
Gregory Renner '15

ADVISER
Robert E. Vucic

CAMPUS CRIMEWATCH



All information courtesy of the LVC Department of Public Safety

1-12-15 | Bishop Library

Ambulance called for student with stomach pain, transported student to hospital

1-13-15 | Humanities 201

Wallet reported stolen out of staff office

1-13-15 | Mary Green Hall

Slip and fall due to weather conditions, minor knee injury received, no ambulance needed

1-13-15 | Summit at Mund Area

Commuter reported car window smashed in, being investigated

1-14-15 | Arnold Sports Center Front Loop

Slip and fall due to weather conditions, no injuries or ambulance necessary

1-15-15 | Mund

Student injured ankle in cafeteria due to boot heel

1-17-15 | Funkhouser West

Marijuana odor investigated

1-17-15 | Hammond Hall

Ambulanced called for unconscious campus visitor

1-18-15 | Vickroy Hall

Ambulance called for intoxicated student

1-18-15 | Silver Hall

Intoxicated student vandalized another student's room, alcohol violation

1-18-15 | 38 College Ave

Party broken up due to excessive noise, multiple students cited for alcohol violations

1-18-15 | Silver Hall

Student reported missing, located off campus

Please report any suspicious activity to Public Safety at x6111.



SPORTS



LVC Plays For the Cause and More

BRETT BERTA '17
Co-EDITOR

Sports both entertain and, as LVC's women's basketball demonstrates, can shine the spotlight on important causes.

Actors Chris Evans and Chris Pratt, both stars in their own superhero blockbusters, challenged each other to a Super Bowl bet - the loser visits a children's hospital as their movie character.

And more locally, our women's basketball team played in their annual Pink Game on Saturday to raise money for the fight against cancer.

It is spring semester now so it should not be news to anyone, even freshman, that when any LVC sports team plays Messiah it's important. But the basketball games this past Saturday had a little extra motivation.

This game was a little more than just pink socks and a short pregame ceremony. On Friday, the women's team visited the Penn State Hershey Medical Center Cancer Institute.

Even after their 53-61 loss to Messiah on Saturday, LVC players



All Featured Photos from GoDutchmen

LVC women's basketball team visits the Penn State Hershey Medical Center Cancer Institute

were signing autographs for their young basketball playing counterparts who took to the court at halftime.

The players also had all of their jerseys auctioned off with the proceeds, along with donations and other money raised by the event, going to the American Cancer Society of Lebanon and the Genetics

Program at the Penn State Hershey Cancer Institute.

This Eighth Annual Pink Game has turned into much more than just a game for a cause. The team really does want to make a difference in the community and they do all that they can to make that a reality.

B. BERTA

abb003@lvc.edu



Ice Hockey Defeats Ranked Opponent

BRETT BERTA '17
Co-EDITOR

After three loses, two of which were shootouts, the LVC Ice Hockey team finally handed the University of Delaware a loss in the finale of the season series this past Saturday.

The Dutchmen have been knocking on the Blue Hen's door all season with a shootout losses in the last two games they met, one the night before on Friday and another game on the road in Newark, DE in a game that was 0-0 at the

end of regulation.

But the Dutchmen finally were able to break through and took down the Hen's 4-3 on Delaware's home ice.

The win is extra impressive for the Valley since Delaware came into the game ranked 15th in the league. A big win like this only continues to show the rest of the league that LVC is a talented team that can take the ice against any team and walk away with a big win.

The Dutchmen are looking for a strong finish to the season with only six games left beginning this Friday at home against Rutgers

University. The game starts at 7 p.m.

B. BERTA

abb003@lvc.edu

Remaining Schedule

Rutgers University:
1/30 & 1/31

West Chester University:
2/6 & 2/7

Stony Brook University:
2/14 & 2/15



Photo Illustration by Brett Berta



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New music comes to and from LVC

Get an up-close look at the two-student band Chronicle

KRISTEN DOVERSPIKE '17
STAFF WRITER

Hearing new music is always exciting.

Whether it's that new album from your favorite artist or music from a band that you never heard of before, you instantly want to play all of the songs on repeat. New music is especially exciting when it comes from your own turf. LVC is full of talented people, so it shouldn't come to much surprise that there is new music emerging from some students you see around campus. The selling point? This particular duo sounds great and is utilizing Lebanon Valley College's newest online publication site to promote their music.

Chronicle consists of Austin DiBernard ('16), an English Communications major, and Biology major John Gething ('16). On January 25, 2015, the duo posted a video to their YouTube channel of an acoustic rendition of Maroon 5's newest hit, "Sugar." This video, full



@officialchronicle on Instagram

Chronicle members John Gething '16 (left) and Austin DiBernard '16 (right) are both students at LVC

of catchy and impressive musicianship, already has about 2,500 views and counting.

After seeing one of John's shows and splitting from his former band, Austin asked John to do a show

with him. "He said yes and from then on we've been crafting our sound and style as a duo," says DiBernard. When asked about their specific sound, John describes it as, "more of an indie pop collabo-

ration with some rock influence."

The guys of Chronicle were both introduced to music in their early teens. John learned his first guitar chords at the age of thirteen and never seemed to put the guitar

down, and Austin, after an initial interest in writing music when he was fourteen, began taking piano and voice lessons at age fifteen.

Their mutual passion for the art brings them together as a great musical duo. Since Austin and John are both writers, Chronicle has some original work underway. "We are excited because we have been working on new projects that we hope to release as soon as they are perfect. We will keep using covers as our main promotion," says Austin.

You can keep up with Chronicle's latest covers by searching their YouTube page, or you can make LVC's newest blog, The Scene, part of your daily Internet binge. The Scene - yes, the period is intentional - is a production of LVC's ENG-316 Journalism class and Chronicle will be featured on The Scene when it debuts soon.

K. DOVERSPIKE

knd003@lvc.edu

Want your band on tour?

TIMOTHY LUPIA '15
STAFF WRITER

Vale Live will begin its band circuit in the coming weeks. The band circuit is a way for college musicians to widen their audience and give more bands a chance to perform. Vale hopes to join local universities in hosting partnerships to increase the number of venues. The circuit will rotate with a different school hosting on a bi-weekly basis.

John Dicocco is the leader of

the Vale Live group and main contact for the circuit. The colleges that are currently involved are: York College, Millersville, HACC, and Albright. Each college will set up their own shows featuring a hometown band and guest bands from local colleges. Any college band can join the circuit. There is no audition, but the bands should contact Mr. Dicocco if they would like to participate.

T. LUPIA

tw1001@lvc.edu

Best of Inside...

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Valley Voices
What are you
doing for
Valentine's Day?
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Valley Voices:

What are you doing for Valentine's Day?



"We are going to see the movie
Fifty shades of Grey."

- Beca Poff 2018

Kelsey Daniel 2018



"Getting my girl flowers."
- Ethan Abdalla 2018



"I plan on going bowling with my
boyfriend and a group of awesome
friends."

- Andrea Lisowski 2015



"Taking myself to see Fifty Shades of
Grey."

- Bobby Conlon 2016

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Sex in the Valley

"Got me lookin' so crazy right now,

Your love's got me lookin' so crazy right now."

This week is for all you kinksters out there. Those of you who know that there's a whole lot more than just plain old vanilla sex.

And with the upcoming premiere of "Fifty Shades of Grey" AND Valentine's Day, could the timing be any more perfect?

A kinkster refers to someone who practices BDSM - bondage, discipline, dominance, submission, sadism and/or masochism. Don't get offended if you aren't into this stuff - all I'm saying is that some people like to kick things up a notch in the bedroom.

(If you're not comfortable with any part of that spectrum, don't feel pressured to try it any way. Never feel pressured into engaging in anything you're not okay with.)

And if your "bedroom" consists of a squeaky twin bed and a bargain carpet from Walmart, don't worry. You don't need a 'Red Room of Pain' to have a good time, nor do you need a contractual



Photo by Brandon Gawel

agreement with a wealthy, sensual businessman.

You've just gotta get creative. Use the desk and accompanying chair to your advantage. Embrace the inevitable rug burns down the middle of your back from getting it on on the floor.

Use a scarf or belt as makeshift bondage and secure your partner

to the bedposts.

Make them beg.

Head to Walmart and pick up some cheap clothes you won't mind ripping off. Take it a step farther and choose something you wouldn't normally wear; maybe grab some scrubs and play doctor, or a plaid flannel to wear with a worn pair of jeans to get that 'lum-

bersexual' look.

Hell, even just being blindfolded can completely change the name of the game.

Think outside the box, get creative, and be adventurous! Nothing will get you going like trying something that's just a little bit crazy.

There are tons of ways to take things farther than what I've suggested here; these are just ideas to get a budding kinkster off to a good start.

And once you've had your fill of 'Fifty Shades'-inspired excitement, you can shift gears for Valentine's Day: string up some twinkle lights, pile up the comfiest pillows you can get your hands on, and take it slow. I'm talking moose-in-mollasses slow. Something teasing, sensual, and romantic. Pop open a bottle of wine, dive into one of those heart-shaped boxes of chocolates, and bask in the cheesiness.

And while you're at it, why not jam out to the Fifty Shades soundtrack? Beyoncé did a sick remix of "Crazy in Love" exclusively for the movie, and it's just begging to be played in the background.

So explore your kinks, step outside of your box, and enjoy your weekend!

- Aphrodite

Letters to the Editor

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Brandon Gawel '15

SPORTS EDITOR
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CIRCULATION MANAGER
Gregory Renner '15

ADVISER
Robert E. Vucic



SPORTS



Playoffs Push for the in-season Dutchmen

BRETT BERTA '17
Co-EDITOR

The winter sports seasons are coming to a close, which of your favorite Dutchmen teams will make it to the post season?

The men's basketball tournament, like most MAC playoff tournaments, has five teams. Currently, the Dutchmen sit at No. 6 in the rankings with Hood College holding on to the final spot in the tournament. It's going to take a strong late-season push for LVC to make it to the next round. They'll take on Lycoming, which is currently leading the conference, in a huge game this Saturday at 3 p.m. at Lycoming.

Also in need of some end-of-season magic is the women's bas-



GoDutchmen

Jan Ikeda preparing to compete for LVC Swimming at the 2014 MAC Championships

ketball team. They're in possession of the fifth and final playoff spot as it stands before tonight's game. The team has a pair of road games

this week that could make or break their season- one tonight at 7 p.m. against Marywood and another on Saturday against Lycoming at 1

p.m. As it stands Wednesday, Lycoming is right behind the Dutchmen and actually has the same MAC record (6-7). So the game

on Saturday could go a long way in securing the winner a playoff spot.

Also on the horizon is the MAC Championships for swimming. LVC is proud to be sending 15 male swimmers and 11 female swimmers to compete at MAC's this year in a wide variety of events. MAC's will begin tomorrow and continue on through Sunday.

Finally, beginning March 1st, the indoor track team will begin their MAC Championships where our own women's team is the reigning champion. We'll be looking to make a strong push to end the winter sports season strong.

B. BERTA

abb003@lvc.edu

Track and Field Has Record-Breaking Meet

CODY A. STRYKER '16
SPORTS WRITER

The Lebanon Valley College Track and Field team continued its winter indoor season with record breaking success competing in the Bison Open at Bucknell University over the weekend of January 30th and 31st.

The two-day event saw Dutchmen athletes set national leading marks in several events. Cynthia Adams in the 800m, and the men's

distance medley relay team of Andrew Goelz, Kevin Johnson, Nick Scullin, and Michael Harnish both recorded national leading times for NCAA D-III.

Several Dutchmen records also fell over the weekend. Sophomore Ian McGinnis set the program mark for the 200m twice, culminating in a 22.85 in the finals, good enough for third place. McGinnis also clocked a time of 7.17 seconds in the 60m dash tying the

previous program record held by Darryl Sweeper.

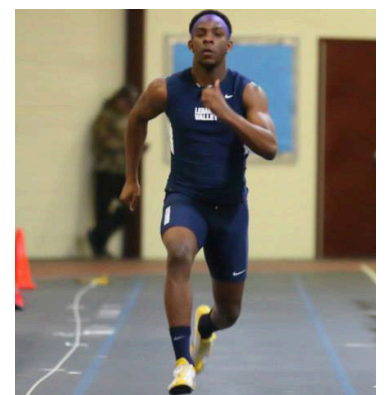
Senior Andrew Goelz also contributed a program best mark of 2:31.11 in the 1,000 m at the Bison Open. The record breaking weekend bodes well for continued Dutchmen success as several of the marks were worthy of qualifying athletes for the ECAC Championships.

The Dutchmen followed up their record breaking weekend

at Bucknell with another strong showing in the Colden Invitational held at Ursinus College on February 7, as the women took second and men took third in the overall team competition. The team will see more action with events at Susquehanna University on February 14 and the 20 before the MAC championships over the weekend of February 27 and 28.

C. STRYKER

cas006@lvc.edu



GoDutchmen

Spring Sports playing in Winter Weather



GoDutchmen

BRETT BERTA '17
Co-EDITOR

With the close of the winter sports season, the spring sports at LVC, men's and women's lacrosse, baseball, softball, tennis, track & field and golf, and across the NCAA are preparing diligently for their seasons. The only problem is weather didn't get the memo.

Anyone walking to class knows it'd be a gross understatement to say "it's cold outside." Temperatures have gone not just below freezing but below 20 degrees even. We can barely stand to walk to class under such conditions, let alone even consider staying out in cold for an hour or more.

Yet for the past few weeks LVC

has been braving the harsh conditions in order to get better at their sports.

According to the NCAA's "Participant Manual" for the 2014-15 sports season, it is recommended that in weather between 30 and 25 degrees Fahrenheit practices should last a maximum of two hours. The Dutchmen take full

advantage of that window and use every minute, sometimes at night when it's even colder.

It's commitment like this that will soon pay off when the spring sports teams take to their respective fields beginning next week.

B. BERTA

abb003@lvc.edu



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Marquette reopens after break



The accident that left two floors of students roomless

ANDREW WOOLEY '15

STAFF WRITER

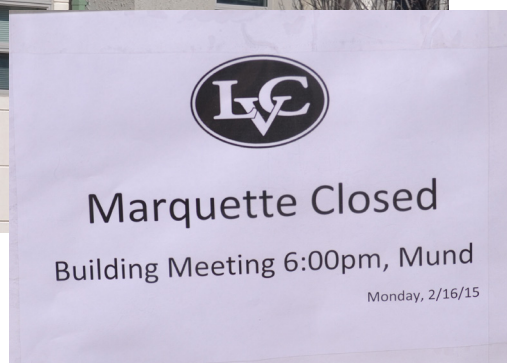
On Monday, February 16, wherever they happened to be on campus, about 50 students who live in Marquette Hall were shocked when they looked at their phones.

What they saw was what all LVC students would surely know within a few minutes. Marquette Hall was under water. Literally.

Marquette is located on the Boger side of campus and is designed in-suite style apartments. There are three floors with apartments on each floor. Each apartment houses four students. Luckily, the third floor was safe. The first and second floors, however, didn't fare as well.

Rachel Eyler is a senior who lives on the first floor of Marquette Hall. She said as she was leaving her 1 p.m. class, she received a call from her roommate and immediately went to her room to see her for herself.

She walked into the building "to see it basically raining on the first floor. There was at least an inch of water already." Rachel, like many of the Marquette residents,



"[This incident] was not a result of a failure to act."

Vice President of Student Affairs & Dean of Students Greg Krikorian

Photos by Brandon Gawel

See MARQUETTE/ Page 2

The 'Grey' area of Fifty Shades

BRANDON KELLER '15

STAFF WRITER

"If we were reading this in a case study instead of watching in a glamorous box-office film, we would say that this is sexual, psychological, and emotional abuse," says Adjunct Professor of English and Sociology Teddi Sakellarides.

During an interview with La Vie, Sakellarides expressed concern with the relationship in the film and novel after reading and viewing it.

She believes "that people should have the freedom to express and act on their sexuality however they

see fit." In her opinion, a novel that explores unconventional sexual desires and forms of pleasure would be a positive thing.

However, based on her background in feminist studies, Sakellarides thinks the film is dangerous in the way it presents a sad story of women's subordination to the masses.

Something that audiences should consider about Fifty Shades of Grey is that the abuse and violence goes beyond sex. Sakellarides showed disgust that "Christian [Grey] dictates what [Ana] eats and wears, manipulates her

with money, sells her car without asking her permission, shows up places he isn't invited, verbally harasses her, controls her friendships, and hits her even in non-sexual interactions."

This is a long list, but the public would be ignorant to not realize that Fifty Shades of Grey is not sexy.

Associate Director of Student Activities and Engagement Todd C. Snovel teaches a gender and sexuality course.

Though he has not read the novel, he certainly does have strong opinions about the subject.

"Nothing is sexier than for partners to be safe, trusting, connected, and comfortable," he explains.

To some, Fifty Shades of Grey does not express love and sexiness. Instead, it shows society that sexual and romantic manipulation is acceptable.

Scenes in the movie suggest that Christian forces acts of sex on Ana in a way that is consistent with rape.

As with Sakellarides, Snovel agrees that couples should explore bondage, discipline (or domination), sadism, and masochism (BDSM) as they please. Snovel says that true BDSM involves a period in which

the partners comfort each other. More importantly, the two people involved must feel trust and safety.

Fifty Shades of Grey shows a female that does not feel safe or comforted by an overly forceful male. Snovel also wondered how society would accept Fifty Shades of Grey if the genders were reversed.

"If a woman CEO would bond and spank a man, then people would not be as supportive of the content," he says.

B. KELLER

blk001@lvc.edu



Letters to the Editor

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ATTN: La Vie Editors
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101 N. College Ave | Annville, PA 17003
Campus Extension 6169 or lavie@lvc.edu
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Winner of two
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Awards

CO-EDITOR
Brett Berta '17

CO-EDITOR
Lizzie Block '17

PHOTOGRAPHER
Brandon Gawel '15

SPORTS EDITOR
Brett Berta '17

CIRCULATION MANAGER
Gregory Renner '15

ADVISER
Robert E. Vucic

Pulling back the shades of gray

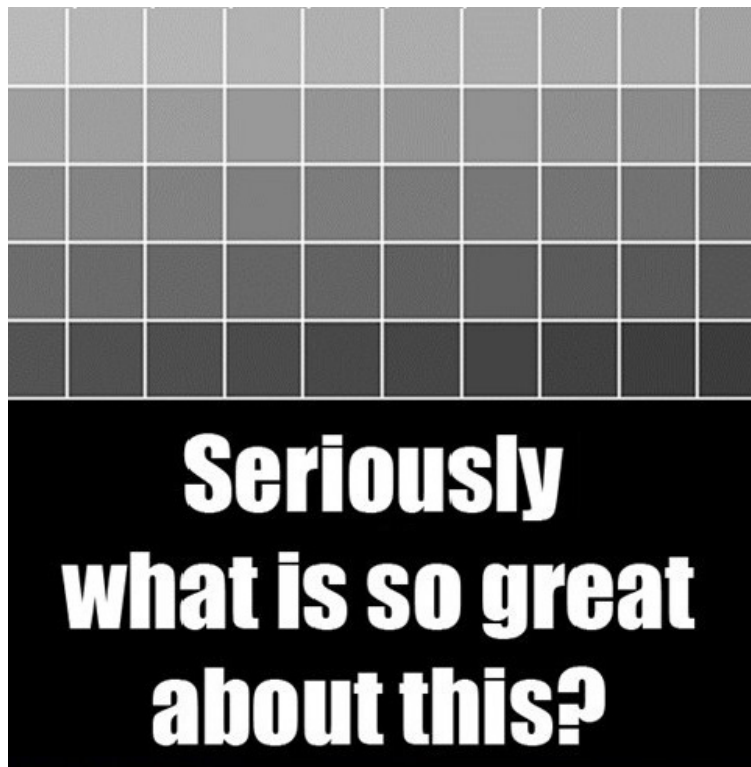
KRISTEN DOVERSPIKE '17
STAFF WRITER

My job for LVC's online publication, *The Scene*, is to find humor in the words of other people.

As Ms. Quoted, I place quotes from pop stars, movies and television shows on pictures of serious actors to make it look like they said something awkward. It is usually quite funny. When the rest of the staff collectively agreed that I should misquote *Fifty Shades of Grey* in lieu of its much-anticipated Valentine's Day weekend film release, I was onboard. I have never read the books, but I felt like I knew enough about them to imagine the comedy that could result.

I couldn't have been more wrong.

After the exhausting two-hour endeavor of searching the Internet for the "best" quotes from the first book in the trilogy, I decided that I could not bring E.L. James' words to *The Scene*. This was not because it contains very descriptive BDSM themes; it's an erotica novel, so that was expected. I could just as well be questioning the morals of porn. Some people explore their sexuality through BDSM, so I cannot say that the novel is wrong in that aspect (even though it was terribly written, overusing words and too often making me think that James has a dangerously close relationship with a thesaurus). What I found highly disturbing was the



abusive relationship that the book glamorized.

Fifty Shades of Grey began as *Twilight* fan fiction under the pen name "Snowqueen's Icedragon," and eventually became a printed book due to popular demand under the author's new moniker, E.L. James. Just to give some perspective, *Fifty Shades of Grey* has sold more copies than the entire *Harry Potter* series. It has been extremely successful and has gained an enormous fan base, mostly consisting of women. My only question is, why?

Without even reading the book, I felt like I knew everything about

the characters through reading quotes; an awkward college student meets an extremely attractive and financially successful business man with a dark past, and they engage in dominance/submission, bondage, and S&M practices. What I read that seemed "off" about the content was how the character Christian Grey was severely controlling the female lead, Anastasia Steele. It seemed as if there was not a single decision that Ana could make without the consent of Mr. Grey. It was clear that there were both mental and physical consequences for disobeying him. Anastasia even signs

a large contract with detailed descriptions of what she can and cannot do in order to take part in her sexual relationship with Christian. How is this ideal?

Fifty Shades of Grey has romanticized the idea of being Anastasia Steele (and of being in a toxic relationship) so much that it was able to successfully continue for two additional novels. Is this because a common, seemingly uninteresting woman catches the attention of such an attractive, unattainable wealthy man? I have a feeling that if Mr. Grey were a middle class, average-looking man, the storyline would be deemed alarming to many more people. Abuse is never okay, regardless of social class, and it is sickening that a book would make a reader think that it needs to happen in order for an ordinary woman to get the guy of her dreams. Women should not have to submit to help fix a broken man. The bottom line is, there is nothing sexy about a manipulating relationship.

I hope for the fate of society that more eyes are opened to the reality of *Fifty Shades of Grey*. The Christian Grey type of relationship should not be immortalized or sought after. To fans of the series, I am not condemning you. I'm only asking that more people would see what darkness lies in E.L. James' over-popularized world.

K. DOVERSPIKE

knd003@lvc.edu

MARQUETTE: What happened and what is being done to fix it



Photo by Brandon Gawel

Not so dry drywall being cleared

"It [was] basically raining on the first floor."

Rachel Eyler, senior

had to find housing elsewhere for the time being.

According to Vice President of Student Affairs and Dean of Students Greg Krikorian, the flooding began between two and 2:30 on that Monday afternoon. He said the flooding was the result of a pipe, which was linked to the sprinkler service, bursting.

The reason for the pipe burst is inconclusive. However facilities workers speculate that it was due to a lack of insulation around the pipes at the time of the building's construction. Over time the pipes therefore became more and more exposed and the extreme cold weather of the past few weeks was enough to cause one to finally burst.

Krikorian emphasized that it "was not a result of a failure to act." In fact, he gave a lot credit to Pub-

lic Safety, saying that the damage would have surely been worse had Public Safety officers not responded quickly and turned off the water to the building.

However the damage, although minimized, was still done. The first and second floors were under water, which affects approximately 40 students.

The administration, Facility Services, and Residential Life met to develop a plan of action in the hopes that any strategy implemented would only be short term. The 40 students affected would have to find temporary housing elsewhere. According to Krikorian, most have found friends to stay with, but a few have been assigned to new rooms for the time being – an option available but not enforced by Residential Life to all students affected.

In addition to finding new hous-

ing for the affected students, the topic of damaged property was still a concern. Since the flood, LVC has hired a drying company to come in and service student carpets, furniture, and other property. Administration has also sent student property to a cleaning service in Hershey. The goal is to take all action to salvage and repair as much student property as possible.

The question now being asked is, "When will the students be able to move back into their rooms?"

Krikorian admitted that the issue does not appear to be as short term as the administration had hoped. Although Facility Services hired companies have been able to dry the building, a concern about mold and damaged drywall still exists. However, Krikorian said he is "pretty confident" that Marquette students will be able to move back

into their rooms upon returning from spring break.

Krikorian also made a point that a "thank you" is passed along to the campus community. He strongly emphasized that had students not been looking out for one another, both during the flooding and in the days afterward, the process would have been much more complicated and dangerous.

Therefore, on behalf of Dean Krikorian, thank you to all students and staff members who reached out to and helped the affected residents of Marquette Hall. The situation is far from ideal and could not have possibly been predicted, but with your help and cooperation, it will be solved as quickly as possible.

A. WOOLLEY

adw004@lvc.edu

How to spend ‘Spring’ Break

GRACE BAILEY ‘17
STAFF WRITER

Reader, you have been working hard. Your life has been swamped with essays, tests, and all those other commitments you pick up during the semester. So it might surprise you to discover that Friday, February 27 is quickly approaching.

This year, however, most students feel like spring break is happening earlier than usual. In fact, compared to other colleges, our spring break feels more like a winter break part two. February 27 does not sound exactly like spring.

So why does our break feel so early this year? According to Registrar Jeremy Maisto, who determines the school calendar, the break falls within the halfway mark of the semester as usual. He does say, however, that “it is true that spring break is at an earlier point in the calendar than in the past years.” Maisto said that the calendar goes through a cycle in which the dates move up by one day each year and then revert back by one week.

So while you now understand how break is determined you may be thinking “ok, what am I going to do?” For those of you do not want to spend a couple thousand on a trip to Disney or Miami, here are some great budget-friendly spring break trip options.

The Jersey shore off season sounds as though it could be boring. Yet, visit the town of Cape May, NJ with a group of friends and you will find plenty of fun ways to spend your time.

Cape May is a bustling place with lots of Victorian architecture and a great town center with lots of great shopping and dining options. Feel brave enough to walk on the beach? Cape May also has a lighthouse. While it may be too cold to swim, the ocean can be relaxing to watch any time of the year.

Using sites like priceline.com you can easily rent a room at The Grand Hotel, a four star establishment with an indoor pool, for \$69 a night. The best part? The \$69 is for a room that holds four adults.

If you’re looking for an even cheaper option, day trips can be

just as exciting. Why not visit the Reading Terminal Market in Philadelphia and try some homemade jambalaya alongside a cup of locally brewed coffee? The market contains a variety of stands and is the perfect place to spend a few hours on a cold day. If the weather is nice Chinatown is close by, with more good food and fun. With \$40 in your pocket, you can easily have a great day.

Notorious for its free museums, Washington, D.C. is another great day trip destination. You can museum hop and see everything from Dorothy’s red shoes to the Hope Diamond in the Smithsonian institutions. Once again \$40 is more than enough for the day’s cost of food and maybe even a metro ticket.

Whatever you do over break remember to relax. Whether that involves travelling with some friends or curling up and sleeping, you deserve some downtime.

G. BAILEY

gmb003@lvc.edu

The early *Birdman* gets the Oscar

CONNOR FEENEY ‘17
STAFF WRITER

Sunday night, *Birdman* or (The Unexpected Virtue of Ignorance) earned the Academy Award for Best Picture.

Many were shocked that this award did not go to Richard Linklater’s twelve-year epic *Boyhood*, but the Academy got this one right. Please excuse my haughty assertion, but *Birdman* is the greatest film ever made.

Starring Michael Keaton as former super-hero-movie star Riggan Thomson, *Birdman* or (The Unexpected Virtue of Ignorance) is a technical masterpiece built upon brilliant acting and sharp writing. Riggan is pouring every ounce of himself into his Broadway adaptation of Raymond Carver’s *What We Talk about When We Talk about Love*, but various forces combat him in every direction. Whether it is his unruly actor Mike Shiner, played to perfection by Edward Norton, or his alternate *Birdman* persona, each aspect of Riggan’s life threatens his teetering sanity. All Riggan wants is to do is matter in the digital age and, as his

daughter Sam (Emma Stone) explains to him, he doesn’t; but that doesn’t stop him from trying.

Through every fluid movement of the camera and every strike upon the snare drum, Keaton, director Alejandro González Iñárritu, et al. captivated my every sense. As I heard the banging of the drums, tasted Riggan’s anguish, saw the emotion pour from Shiner, smelled the stench of failure, I felt the full force of *Birdman*. And that is the point Iñárritu drives home: you need to feel this movie.

The critic at the end of the film uses the term “super-Realsim” to describe Riggan’s production; yes, that is what this is, super-real. As the camera shifts from one point of view to another, the audience is no longer confined to a single narrative perspective. The audience is allowed to transcend the lens of the camera and forget the clumsiness of cuts. We see the story of Riggan not only from his perspective, but from Shiner’s, Sam’s, etc. This transcendence of traditional cinematic perspective is at odds with *Birdman*’s theme of confinement which is executed by Iñárritu’s cinematic innovation.

Iñárritu’s innovation lies in the fact that there are no cuts, at least none that can be detected. Iñárritu employs arc shots, shots in which the camera spins around the actor(s), to make full use of this fluid directing technique. Also, he often manipulates time, moving forward several hours as the camera tracks down a hallway at one point, but he never manipulates space. Iñárritu allows him and his actors to be confined by the space of the theater as he spins around and winds through the hallways of the theater. Only a few times does the movie shift to the exterior, which makes each shift feel more liberating. The director forces us to feel trapped in the theater as Riggan races around trying to free himself, trying to free *Birdman* from the birdcage that his mind has become. The confinement Riggan and the film’s audience feel in *Birdman* makes the ending a long-awaited liberation.

See this movie.

C. FEENEY

cbf002@lvc.edu



CAMPUS CRIMEWATCH

All information courtesy of the LVC Department of Public Safety

2-13-15 | Off Campus

Potential hazing by social organization investigated

2-16-15 | Marquette Hall

Fire alarm due to burst water pipe and 1st and 2nd floor flooding. Annville Fire department and facilities repounded- water and electric shut off.

2-19-15 | Sheridan Ave

Student reported hateful speech yelled at him while on campus

2-19-15 | 136 N College

Student report slip and fall due to weather conditions. No ambulance needed. Went to hospital for possible concussion

2-19-15 | Stanson Hall/Blair Music Center

Student reported club member threatening other members due to suspension

2-20-15 | Stanson Hall

Drugs and paraphernalia confiscated

2-20-15 | Dellinger Hall

Two students hitting trash can with baseball bats

2-20-15 | Silver Hall

Student intoxicated and ambulance called

2-21-15 | Derickson A

Did not evacuate for fire alarm investigate, underage drinking present

Please report any suspicious activity to Public Safety at x6111.

Stuck Studying

KAITLYN PARTINGTON ‘17
STAFF WRITER

Bobbi Tyler, a sophomore Math Secondary Education major, was in the Lebergern Commons studying for her classes one night. After five hours of studying, she became trapped in a study room. Her curiosity made her turn the lock on the room and by doing so, the lock was stripped, causing her to be entrapped in one of the study rooms. She was stuck in there for an hour and forty five minutes. After having the Writing Center Assistant call Public Safety, an officer arrived and realized that she could not get Bobbi out. Public Safety

proceeded to call Facilities Services. After trying different tools, the Facilities worker realized he too could not get the door unlocked, so he proceeded to call the locksmith from Facilities. By removing the stripped lock, they were able to get her out of the study room.

Luckily, Bobbi was very calm through the situation and had friends there to make sure she was okay and provided her with food being that she missed the dinner hour. She described the experience as feeling like a fish trapped in a fishbowl.

K. PARTINGTON

krp004@lvc.edu



SPORTS



Dutchmen Knock Out Knights

CODY STRYKER '16
STAFF WRITER

The women's basketball team met Arcadia Monday in the quarterfinals of the Commonwealth Conference playoffs at Sorrentino Gymnasium in Annville, and picked up an 82-63 win along with a spot in the Commonwealth Conference semi-finals.

The Dutchmen survived a sluggish start that saw them fall behind 9-3 via some sharpshooting from Arcadia beyond the arc. Following this early surge by the Knights neither team could gain much separation until the closing minutes of the first half.

With 2:51 left in the first half the scoreboard read 35-33 in fa-



Photo from GoDutchmen

The bench celebrates during Monday night's 19-point win over Arcadia

vor of the Dutchmen. From this point the Dutchmen really took flight embarking on a 14-2 run that culminated with a buzzer beating three-pointer from Bridget

Rothert and a 44-35 lead for the Dutchmen at the half.

Coming out of the locker room the Dutchmen were energized and playing with confidence. The

Arcadia offense began to sputter in the face of the suffocating LVC defense that had 12 steals to their credit.

On the offensive end the Dutchmen were just as sharp as six players cracked the double digit scoring mark. Peyton Carper led the Dutchmen assault with 14 points, Bridget Rothert chipped in 13 points, and Taylor Umbrell also had a big night posting a double-double with 11 points and 10 rebounds in the Dutchmen win.

Junior guard Bridget Rothert noted that, "We are playing impeccable team basketball" and that with six players in double digits "it shows how many weapons we have on our team". Rothert was quick to

point out that despite the offensive output of the Dutchmen the defensive effort was critical in securing the victory, and that "defense is what will keep us going through conference playoffs".

With the win the Dutchmen will travel to number one seeded Stevenson for a clash TONIGHT at 6 p.m. @ Stevenson. The game can be viewed online through GoDutchmen.com. The Mustangs weren't able to buck the Dutchmen in their meeting in the regular season finale this past Saturday as the Dutchmen handed Stevenson their lone conference loss 68-64.

C. STRYKER

cas006@lvc.edu

Million yard run for Women's LAX

MORGAN HELLER '15
STAFF WRITER

One Team. One Million. One Love.

That's the motto the LVC Women's Lacrosse Team has taken up this preseason, which began on January 26, 2015.

The team's goal is to run one million yards by the time of its game against Meredith College on March 2nd, during the spring break trip to North Carolina. The run is to spread awareness about domestic violence as well as in memory of Yeardley Love, who was a senior lacrosse player at the University of Virginia when she was murdered by her boyfriend, a senior on the men's lacrosse team, after a fight on the night of May 3, 2010.

This movement, called, "Yards for Yeardley," was started by Boston College's Molly Erdle and Covie Stanwick as well as Virginia's Caroline Seats. They completed their one million yards during their winter workouts, and the first team to reach one million was UVA, and rightfully so. Today the



Photo from LVC Athletics

The Women's Lacrosse team seen running their one million yards despite the cold conditions

movement has over two hundred women's teams and over 50 men's teams committed to running one million yards.

Our women's lacrosse team has a 25-player roster for the 2015 season. This means that on average, each player will be running 40,000 yards total over 25 days of practice. Most would think running that many yards would be torture, but for the team, it's enjoyable.

"I think Yards for Yeardley is a great cause and a great way to raise awareness about domestic violence. I think it is amazing how a community involved in a sport can get together and do something for the greater good." Junior goalie Shelby Morris said. Morris adds, "To be a part of something nationwide is just awesome. It also

makes you appreciate every yard that you can run."

Being able to run is a privilege so this movement allows the lacrosse community to run for those who cannot but should be able to, such as Yeardley Love.

"I know being a part of Yards for Yeardley with my teammates has really helped me view playing sports in a different way, and makes me appreciate the opportunity I have to play the sport I love," says junior Attacker Alyse Bingham.

As of February 13th, the team has completed 430,000 yards and is continually pushing to reach its goal.

Be sure to visit The Scene. lv-cenglish316.weebly.com to see more of what the team is doing

to reach their one million yards. You can also check out the LVC Women's Lacrosse team on Twitter (@lvcwlox) and Instagram (@lvcwlox) for updates on the team throughout the season and their achievements of reaching their goal.

For more information on Yeardley Love and for resources on domestic violence visit the One Love Foundation at www.joinonelove.org. If you know anyone, or you, who is experiencing domestic violence, please seek help and shatter the silence as LVC's campus has resources to prevent events like Love's from occurring

Dutchmen make a line change

BRETT BERTA '17
Co-EDITOR

This week, LVC made the announcement that in the 2016 - 17 season Men's Ice Hockey would be returning to NCAA D-III and Women's Ice Hockey would be added.

While the college begins the search for a head coach to take over the Women's team, current head Men's Ice Hockey coach Don Parsons will start the recruiting process.

Women's Ice Hockey is now LVC's 25th intercollegiate sports team.

Pick up the next issue of *La Vie* for more on this topic and other exciting news in LVC Athletics!

B. BERTA

abb003@lvc.edu

M. HELLER

mch003@lvc.edu



La Vie Collegienne

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Freedom Week and why it is important

BRANDON KELLER '15
STAFF WRITER

Around campus, students see the messages in chalk signifying Freedom Week.

Question: Does the campus community actually understand the meaning?

"It's not always easy to express opinions publically or openly, but we are in an educational environment of learning and growing together," says Associate Director of Student Activities and Engagement Todd Snovel.

Snovel encourages students to talk with him or anyone else about their feelings in regards to Freedom Week or issues affecting the LG-BTQ community. He believes we need to embrace a dialogue for this topic from those for and against the cause.

Freedom Week is planned largely by Freedom Rings and it has been celebrated across the country for decades. One purpose of the event, according to Snovel, is to understand that not everyone is accepting of the LGBTQ community,

but people have the right to openly discuss their views while being respectful.

Snovel also said that Freedom Week is meant to celebrate the marginalized LGBTQ community. However, he made it clear that the messages "shouldn't be forced down peoples' throats."

The point is to promote inclusive excellence, but students can observe some of the opposition to Freedom Week on the app called Yik Yak. For example, an anonymous poster said "the LGBT's only

response to people that don't like freedom week is 'homophobes'."

Another anonymous person asserted that this is a "week for homophobic [people] to express their hatred of homosexuality."

However, the point of Freedom Week is to celebrate love between everybody no matter their sexual orientations.

Snovel said students have discussed their discouragement because of the hate speech on Yik Yak.

"The narrative of each LGBTQ story is different for each person,

and some feel that they have disappeared in lost time from not being open about who they are," he said.

Snovel wishes for people to openly discuss these issues in order to be inclusive and affirming of views from all sexual orientations. Freedom Week lasts this week and students can see a schedule of events and an information table in the front of Mund.

B. KELLER

blk001@lvc.edu

Marquette back to normal

MORGAN HELLER '15
SAMANTHA BOYCE '16
STAFF WRITERS

Students who had to relocate last month because of Marquette Hall flooding have moved back into their rooms, according to Vice President of Student Affairs and Dean of Students Gregory Krikorian.

The approximately 50 affected students were able to move back during Spring Break weekend.

The flooding occurred on February 16 when a pipe, which was linked to the sprinkler service, burst. Facilities Services at the time speculated the reason the pipe ruptured was due to a lack of insulation around the pipes at the time of the building's construction.

The first and second floors of Marquette were affected by the flooding. As a result, students needed to find temporary housing.

"All repairs have been completed," Krikorian said.

M. HELLER
S. BOYCE

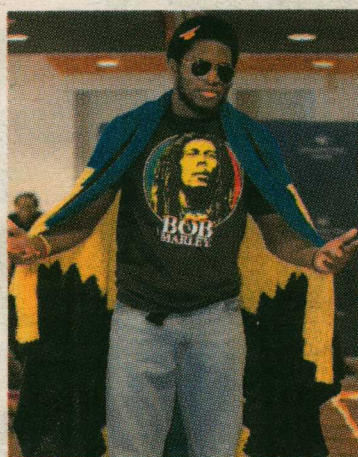
mch003@lvc.edu
snb005@lvc.edu



Vidya Lala
junior



Malik Shivers
freshman



Joe Bennett
senior



Mara Sunderland
senior

All Photos by Charles Grove

Fashion Show spreads awareness and style

JESSICA H. CHARLTON '17
STAFF WRITER

LVC's Counseling Services held its 3rd annual fashion show on February 26th as part of Eating Disorder Awareness Week.

The fashion show is a showcase of the variously beautiful body shapes, sizes, and colors. Ten student models were chosen to show off their bodies and confidence for their peers. The purpose was to make others feel confident enough to be proud of who they are and embrace their beauty, whatever size that may be.

This year's theme was color and confidence. We tend to hide behind the color black, thinking it makes us look thinner or less noticeable when we wear it.

The committee discussed how color is used to express one's personality and confidence and decided to encourage the student body to embrace the colors in their lives. Due to the lack of substantial evidence supporting our claim, we used this fashion show as an experi-

ment to test our theory of confidence through color.

We did this by having our models choose bright, colorful outfits to strut down the runway. At the end of the show we asked our models how they felt. Those who were previously nervous felt relief and confidence. The majority explained that red and yellow are their power colors, or the colors they wear to express joy, strength, and overall confidence.

This year's models were a spunky crew who take pride in who they are.

Our crew included Joe Bennett, Vidya Lala, Vinny Tranchitella, Mara Sunderland, James Willey, Tia Dandridge, Corey Kuchinsky, Kat O'Hara, Malik Shivers, and Molly VanLeuvan.

A few of our models were brave enough to share their own body awareness stories, including Molly.

Take one look at Molly and you see a beautiful, confident young lady, but it wasn't always that way.

See FASHION/ Page 3



Letters to the Editor

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ATTN: La Vie Editors
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CIRCULATION MANAGER
Gregory Renner '15

ADVISER
Robert E. Vucic

Valley Voices:**What does St. Patrick's Day mean to you?**

It's a day to embrace and celebrate the Irish culture - from the food to the beer

Terese Sweitzer, junior

I'm able to hang out with friends and I wear green

Bradley Lawrence Mehl, junior

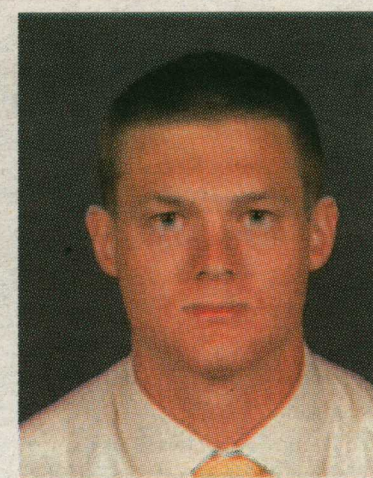


It reminds me of my family and good food

Caitlin Manahan, sophomore

St. Patty's does not have a true meaning for me. It's mostly a day to get together with friends and just celebrate the day.

Tyler Laudeman, senior

**The Harrisburg Dutchmen?**

LYNDSEY K. RIEDEL '17
STAFF WRITER

Annville is and has been home to Lebanon Valley College. The town and the college share a rich tradition.

But what if?

What if the college wasn't located in Annville?

From the forthcoming work "Of High Grade: A Sesquicentennial History of Lebanon Valley College, Rev. Dr. Dennis Williams, LVC Board of Trustees Emeritus, tells us Lebanon Valley College's Annville

wasn't always ideal.

Back in the late 1800s, when Lebanon Valley College was continuing to establish itself as a college, there was a period of uncertainty over whether the college would succeed as an educational institution.

Many educational institutions were established back then, but not all of them survived.

Fearing failure, there were many people who wanted to relocate the college during LVC's hard times of the 1890s.

Where did they want to relocate

the school? Harrisburg.

Offers to host the relocation also came from Chambersburg, the county seat of Franklin County, and even further south in Hagerstown, MD.

Some people weren't sure Annville was an appropriate place for the college and thought it may not be able to survive there. The college actually lost funding from The Allegheny Conference of the United Brethren Church because LVC was located in Annville.

With all of this talk about relocation, the Board of Trustees ac-

knowledgeed there was a favorable majority who wanted to move the college, but said they could not abandon what they had already created unless there was a guaranteed offer and they could get no less than \$100,000.

No such offers were made so the Board of Trustees declared Lebanon Valley College would remain located in Annville.

Nearly 150 years later, Lebanon Valley College is still in Annville and is going strong.

L. RIEDEL

lkr001@lvc.edu

All information courtesy of the LVC Department of Public Safety

2-23-15 | Keister Hall

Drugs and paraphernalia confiscated

2-23-15 | 38 N College

Kitchen Smoke

2-27-15 | Funkhouser East Hall

Confiscated candles, hookah, mercaptopurine prescription, and 4-5" knife

2-27-15 | Friendship House

Odor of marijuana reported, confiscated bottle of Blue Rhino propane

2-27-15 | Dellinger Hall

Pull station closest to 105 appeared to have been bumped causing possible alarm

3-2-15 | Baseball Field

Vehicle went through barrier and down to baseball field retaining wall

3-3-15 | Unknown

Scratch and slight dent on student's car

3-4-15 | Marquette Hall

Student slipped on ice and broke elbow

3-8-15 | 44 N College

Assist emotional student

3-8-15 | Mary Green Hall

Student puts smoldering popcorn in wastebasket

3-8-15 | Athletic Training Room

Student was hit in the teeth with elbow at intermural event

Please report any suspicious activity to Public Safety at x6111.

CAMPUS
CRIMEWATCH



Bringing the music from Nashville to Annville

BRANDON KELLER '15
STAFF WRITER

Cristabelle Braden '15 is the embodiment of the lively musical community at Lebanon Valley College, and she brought her talents here from Allentown in fall 2011.

She spent her spring 2014 semester in Nashville to write music, record, and play shows through a program called The Contemporary Music Center.

This experience exposes its students to faculty and guests, million dollar gear, hands-on work with instructors about songwriting, and the Nashville location shows students a strong piece of the colorful world of music.

The program only accepted 30 students based on applications from the U.S. and Canada, and those involved had a "team" focused on furthering their music careers with the help of music business professionals. Braden is "grateful to have had that hands-on learning experience in Nashville that added to everything that [she's] learning as part of LVC's Vale Music Group."

In addition, the program provides an opportunity for

students to prepare their music careers through artist, business, and technical perspectives. There is also a weeklong interstate tour which is planned and performed by the students.

Along with her experience in the Music City, Braden found inspiration to write music after her serious brain injury at age 14. She spent time in neuro-trauma rehabilitation therapy after the injury, and music was her main outlet during that difficult time.

Since then she has written over 200 songs and has released two albums that largely consist of her acoustic singing and songwriting. Her first album called I Am Yours EP was released May 4, 2013, and the Harmony EP has been available since May 14, 2011.

She said that "songs just pour out of me; music is my outlet." Braden also shared that she's inspired by "smiles, love, God, nature, struggles, friendship, dreams, colors, and so much more."

Braden is about to release a new single called "Hope Survives (Anthem for Survivors)" on March 17th through iTunes. She said that "this song is near and dear to my heart as it was born out of the fight to keep going while

struggling through living with traumatic brain injury."

She continued: "It's a song that can relate to anyone who has felt that ache of wanting to give up but encourages you that, with a little hope, you can make it through today." Her new single will follow by another single and two EPs later this year.

One EP will be acoustic and the other will be a "fully produced pop EP with a hip-hop/R&B vibe." More information can be found at Facebook.com/cristabellebradenmusic, on Twitter through @itscristabelle, or at www.cristabellebraden.com.

In addition to her music, she created an organization for Brain Injury Awareness called "Hope After Head Injury." Her goal is to share with people some of the difficulties she has gone through with the injury.

One of her videos has received over 18,000 views in 4 days, and it can be seen at Facebook.com/hopeafterheadinjury. She also intends on pursuing a full time career writing and performing music after graduation in May.

B. KELLER

blk001@lvc.edu



*"Songs just pour out of me;
music is my outlet."*
-Cristabelle Braden



Photo by Charles Grove

Jan Ikeda, winner of the "Color Me Confident" Creative Arts Contest for her painting seen above

Lebanon Valley College



The Writing Center is proud to host its annual Writer's Showcase on Wednesday, March 18th, 2015, at 6:00 pm in the Library Atrium.

If you have written any poetry, short stories, novels, digital narratives, plays, songs, or any other kind of creative work, we encourage you to participate in the showcase and share your work with students and faculty.

Anything goes! However, if you are using a longer piece of work (i.e., a play or novel) please keep your showing to an excerpt. All sharings may not exceed 8 minutes in length.

If you are interested, e-mail your name, title of work, and kind of work (i.e., poetry, short story) to julian@lvc.edu by Monday, March 16 at noon.

If you don't have work to submit, come and support your fellow peers as they share their creative work!

Hope to see you there!

FASHION

From 7th to 10th grade, Molly suffered from an eating disorder. She felt pressured by her peers and society to be perfect, which affected her mental and physical health.

After four years of struggling with self-image she realized that she was perfect the way she is. She says she wished she hadn't allowed others to control how she feels about herself. Molly's story, as well as those from other models, is one to remember if you are ever struggling with self-image.

As Molly reminds us, "We are all beautiful in our own way, and we all stand out, so keep that uniqueness and never let someone take that away." Perfection is a façade, so embrace your body and love who you are.

If you are struggling with body image or an eating disorder, the Health Center encourages you to seek guidance. If you or anyone you know is struggling, please contact Shroyer Health Center at 717-867-6232.

J. CHARLTON

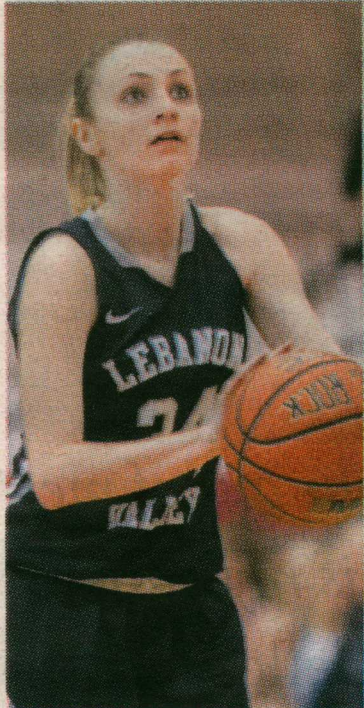
jhc002@lvc.edu



SPORTS



ECAC Champions



Championship MVP
Taylor Umbrell



All Photos from GoDutchmen



Peyton Carper (left) and Bridget
Rothert (right)



Head Coach Amy Sokaitis

BRETT BERTA '17
Co-EDITOR

This past Sunday, March 8th, Lebanon Valley College welcomed another championship team to its long history of athletic excellence as the 2014-15 Women's Basketball team won the ECAC Championship 81 to 58 over conference rival Albright College.

The Dutchmen ended their season with three games played over the LVC Spring Break; a loss in any one of those games would

have meant an immediate end to the season.

With their work cut out for them, the Dutchmen started out with a convincing 19-point win at home over Delaware Valley College in what I have come to refer to as the "Battle of the Valley's."

From there, the next step was to get past the appropriately named Presidents of Washington and Jefferson College in a game that took place in Reading at Albright College. LVC controlled the game and secured their chance to play

Albright for the championship on Albright's own home court.

The Lions' home court advantage didn't help them as the Dutchmen pulled away in the second half and added a new banner to the Arnold Sports Center.

With a championship in the first season under a new head coach and a team that did not lose any seniors we can be sure that this team has a bright future.

B. BERTA

abb003@lvc.edu



Lexie Lantz

Women's Ice Hockey - why now?

CODY STRYKER '16
STAFF WRITER

On February 22, Lebanon Valley College announced the addition of women's ice hockey to its list of athletic offerings.

The women's program is slated to officially begin play during the 2016-17 season. The Dutchmen will compete in NCAA Division III, and the search has begun for

conference membership.

Many observers may question the addition of a women's ice hockey program, but with 52 women's programs competing in Division III, there appears to be no shortage of competition.

Director of Athletic Communications Tim Flynn explained that the addition of women's ice hockey at LVC was "a logical fit for us."

"With the men's program already in place, the culture and infrastructure already existed, making the addition relatively easy," he continued.

The addition of women's hockey then is an effective and sensible offering for LVC and it will also help shape the future of LVC.

As Flynn observed, "Looking at the bigger picture, the college's re-

cently adopted Envisioned Future plan calls for us to begin recruiting more nationally and internationally, and women's ice hockey - as well as the return of the men to NCAA Division III - will help us achieve that."

Along with these benefits athletics serve as an excellent means to attract prospective students. LVC currently boasts of approxi-

mately 500 student athletes currently. The college hopes to add 20 to 25 more with women's ice hockey.

Women's ice hockey will be the 25th intercollegiate sport offered at LVC, and one that Flynn noted will help "further balance our athletic portfolio in compliance with Title IX."

C. STRYKER

cas006@lvc.edu



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Unity Week in the Valley

BRANDON KELLER '15
STAFF WRITER

"Unity Week is about exposing our community to new ways of thought while respecting individuals' backgrounds," says Venus Ricks, Director of Multicultural Affairs. She hopes LVC students embrace Unity Week as an open discussion about topics of diversity ranging from race, gender, sexuality, and religion.

Unity Week, which runs through Sunday, March 29, is an opportunity for students to engage in numerous activities that promote inclusive excellence. A schedule of events can be seen by the front desk of Mund.

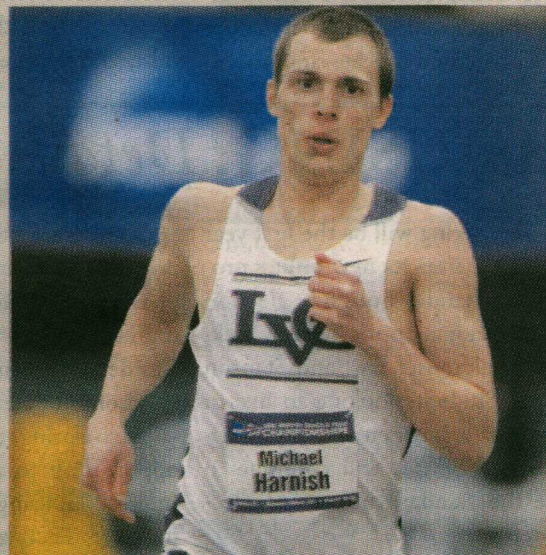
Last year's events were largely halted due to snow, but this year offers plenty of opportunities for students to embrace an open dialogue about modern issues. Ricks explains that the planners of Unity Week, led by Jessica McKelvin '16, have their arms open for students to connect with diversity in our culture.

Ricks also explains that "students need to understand that Unity Week is about much more than race. It's about raising awareness and celebrating peoples' backgrounds of any kind while addressing community issues."

One event that students can look forward to is hosted by a new campus group called the American Indian Studies Club. On Saturday, March 28th at 12 noon, students can watch the club erect a Tipi in the academic quad followed by a

See UNITY/ Page 3

Gold & Silver



Photos from GoDutchmen

Cynthia Adams and Michael Harnish competing at the NCAA Division III Nation Championship

CODY STRYKER '16
STAFF WRITER

Three-time all-American and track and field sensation Cynthia Adams has brought home the gold in LVC's first-ever NCAA win in the 800m.

Her winning time of 2:08:81 came at the 2015 NCAA Indoor Track and Field Championships held at JDL Fast Track in Winston-Salem, NC., over the March 13 and 14 weekend. She defeated by almost two seconds the defending national champion.

And according to LVC's website, Adams' time broke her own college record by almost three seconds and was the fifth-fastest time in NCAA

Division III history.

Also claiming Dutchmen honors was Michael Harnish who won the silver in the men's 800m. Harnish secured his second consecutive all-American finish with a time of 1:52.95. Harnish led most of the event and appeared on his way to a national championship, but his best efforts were thwarted by Mitchell Black of Tufts who managed to pull away from Harnish in the final meters.

Adams' national championship win was her final race. Not only is Adams a three-time all-American, but the fifth-year graduate student is an eight-time Middle Atlantic Conference 800m champion. She is

See TRACK/ Page 4 (Sports)

Prepare for new room selection

CONNOR DeSTEFANO '15
STAFF WRITER

It's that time of year again, folks - housing selection.

Immediately after receiving the email from Residential Life last week, students rushed to Mund to find out their fate.

They were either devastated or thrilled beyond belief by their number.

For any first year students who are still confused about how the whole process works, here are the basics. After paying a \$100 deposit, students are split into groups according to their graduating class and are then assigned a random lottery number. That number determines the order in which students will choose their housing for the 2015-2016 academic year.

Students requiring certain accommodation, such as air conditioning for asthma, are assured by Residential Life that their lottery number won't interfere with getting those needs met.

Residential Life also works with the Office of Financial Aid to help students who may benefit from living off campus. They are the students who do not believe they have the means to live on campus. Those students work with both offices to determine what living situation will best accommodate their needs.

See HOUSING/ Page 2

Sheridan Ave on the rise

AUSTIN DiBERNARD '16
STAFF WRITER

If you haven't heard of the band Sheridan Ave, yet you will know who they are soon enough.

This talented group consists of three Lebanon Valley College students. Najee Parker, 19-year-old sophomore, recording engineer major from West Philadelphia, is the rapper. Lucas Gienow is a 20-year-old junior recording engineer major from Jonestown, and is the lead singer. Brad Hartman is a

See SHERIDAN/ Page 3



Photos from Sheridan Ave Facebook page

From left, Brad Hartman, Najee Parker, Lucas Gienow



Letters to the Editor

La Vie Collegienne requires all Letters to the Editor to contain the author's name, telephone number, and e-mail address. No initials or pen names will be accepted. *La Vie* does not publish any anonymous letters.

Telephone numbers and email addresses are required for verification. They will not be printed.

Letters should be no longer than 200 words. All letters for submission become property of *La Vie Collegienne*. *La Vie* reserves the right to edit for length, accuracy, and clarity. Submissions may be edited and may be published or otherwise refused.

Letters, columns, and opinion-based articles do not necessarily represent the views of *La Vie* or Lebanon Valley College.

Submissions may be e-mailed to lavie@lvc.edu, hand-delivered to our Mund office, submitted to lavieonline.lvc.edu or mailed to the address below.

La Vie Collegienne
ATTN: La Vie Editors
101 N. College Ave.
Annville, PA 17003

La Vie Collegienne

101 N. College Ave | Annville, PA 17003
Campus Extension 6169 or lavie@lvc.edu

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Awards

CO-EDITOR
Brett Berta '17

CO-EDITOR
Lizzie Block '17

PHOTOGRAPHER
Brandon Gawel '15

SPORTS EDITOR
Brett Berta '17

CIRCULATION MANAGER
Gregory Renner '15

ADVISER
Robert E. Vucic

Help spread autism awareness

JENNIFER BOWERS '16
STAFF WRITER

The Autism Society of America officially recognizes April as Autism Awareness Month.

Since the 1970s, April has been established as a month to raise awareness and educate the public about this developmental disorder. According to autismspeaks.org, autism is "characterized, in varying degrees, by difficulties in social interaction, verbal and nonverbal communication and repetitive behaviors."

In short, autism is a neurological disorder that makes it harder to both communicate and social-

ize. In a world where these skills are important, if not completely necessary, one of the goals of Autism Awareness Month is to promote further understanding of it. By learning about the disorder, the objective is then to further change perceptions about it and the people who have it.

That is no small number either. A recent study published by JAMA Pediatrics found that more than 3.5 million Americans live with the disorder. Yet even with this amount and a growing public awareness of it, it is not uncommon to hear the claim that this disorder (and other developmental ones, such as

ADHD) is not a real one.

"When I was a kid, they didn't call it a 'development disorder'... they called it being a brat," says one online image of a little girl with her arms crossed, an angry scowl on her face. Other such images and opinions suggest that these disorders are best "cured" with beating one's child until they behave or act "normal." These kinds of attitudes are careless at best and harmful at worst.

There is no solid "cure" for autism, though medication and therapy are known to help. Particularly when autism is diagnosed in a child, special workshops to foster

language and social skills can be immensely useful. These can continue on with adults, and are noted to be beneficial in all age groups.

But the stigma about these disorders needs to end. Autism Awareness Month strives to do just that, and raise inclusion and acceptance for the millions of people that have it and the thousands that will be diagnosed with it in a year. Look for the puzzle piece-patterned ribbon that represents autism, and go to autism-society.org for more information and to find out what you can do to help.

J. BOWERS

jab013@lvc.edu

HOUSING: Details on the new process for room selection

This spring will be the first year that LVC uses its new online process to handle housing selection for traditional dorms - Silver, Vickroy, Funkhouser East and Stanson Halls. Students looking to live in Houses, Apartments, Suites, Triples and Singles will continue to use the standard in-person selection process.

During the first week in April, students will be sent a link to the online housing system and will be able to choose their roommate and give preferences on which building, floor and even specific room they prefer.

Something that the college prides itself on as a whole is the emphasis that its students put on community service - and the Office of Residential Life is more than happy to accommodate that enthusiasm.

Each spring, students have the opportunity to apply for Special Interest Housing for the upcoming year. Each group of students submits a proposal concerning the type of programs they would be running if selected, and then a decision is made following the careful review of those proposals.

In addition to the returning Special Interest houses (including

the Friendship House, Women's and Gender Resources House, and North College) there were 10 proposals submitted for brand new groups.

These include groups such as Kids against Cancer (working with the Ronald McDonald Foundation), Carta (Capital Area Riding Therapy Association, which uses horses and riding as therapy treatments), and Green Dot (students who have completed BI through Public Safety), among others.

"It's a nice variety," Michael Diesner, Director of Residential Life, says. "It provides a lot of op-

portunities for students to volunteer, to just get involved on campus."

Diesner believes that the college does a good job of working to find a balance between programs that can be run at LVC and opportunities to get off campus and give back.

In the meantime, make your game plan, find the perfect roommates, and try to make it through the endless Hunger Games references that are bound to be made. Best of luck!

C. DESTEFANO

crd001@lvc.edu

Valley Voices

What do you think of the housing situation at LVC?

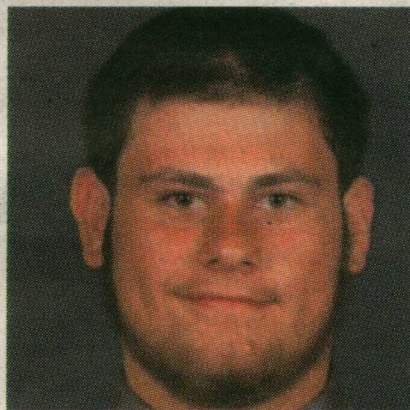


The selection process is not fair. The process should be based on how many credits a student has rather than lottery. The conditions themselves are not awful however it just appears dingy and looks as though there is mold in the grout of the showers.

Brandi Whitman sophomore

It's kind of frustrating that even upperclassmen have to live on campus and in a dorm. After sophomore year no one wants to live in a dorm but there's no room for at least the upperclassmen to live in the apartment styles. And to have to ask permission to live off campus makes it like we're all caged into campus. It's just frustrating and inconvenient. And super expensive.

Anna Quinn sophomore



There should be more options for off-campus housing for fourth, fifth, and sixth year physical therapy majors. As a physical therapy major, it would be helpful for me to live off campus to simulate balancing life and my career as a physical therapist.

Ryan Kingshill, Sophomore

The housing situation could be improved. There should be more options for housing for all students. Either apartment style dorms like Derickson, or more off campus housing options in general. I think that living off campus is essential to the later years of college life because it helps you learn how to balance life and work.

Christina Mentzer, Freshman



SHERIDAN: New music on the way

20-year-old sophomore, recording engineer major from Myerstown, and is the group's lead guitarist. Each member plays at least one instrument including saxophone, piano, and guitar.

The band has been together for roughly a year now and met at Najee's and Brad's freshmen orientation.

Their musical influences include John Mayer, Maroon 5, The Roots, 1975, Chance the Rapper, to name a few.

"We listen to each other's musical tastes and love all styles," Lucas says.

Recently the band has been working on new songs and a new lineup for shows. "It's the same us, but we are maturing as a group," Lucas explained.

A few weeks ago Sheridan Ave created a song called October Blues, which included a vocal chant recorded with roughly seventeen male students from LVC. Brad described it as shocking.

"I was afraid there was so many people and they wouldn't be able to pull it off, but they did an incredible job."



Photos from Sheridan Ave Facebook page

The song centers on the band's life at this stage in their career. "Being college students and the struggles of simply trying to figure yourself out is the theme for this song and it's straight from the heart," says Najee.

The band is working on nine brand new songs that they will be playing throughout the semester at LVC and in Philadelphia. They will essentially be using touring members to help with any additional instruments that need to be played for live shows. Their goal in doing that is to also allow other musicians to jam out with them and get the chance to showcase

their instrumental capabilities.

Sheridan Ave is not currently under any recording contract, but they hope to gain a larger fan base by expanding their performance options. As of now there is no set schedule for when the bands shows will be.

Keep an eye out for this gifted band. Their new style is going to be more focused and less all over the place according to Najee. With their catchy hooks, nifty raps, and well thought out instrumentation, they will have you listening to them on replay.

A. DIBERNARD

acd001@lvc.edu

UNITY: What makes this event so important?

discussion of American Indian culture.

Activities such as this reflect current social issues and the importance of talking about them. For example, protesters gathered at NFL games across the country this past fall to express their belief that the mascot of the Washington Redskins is insensitive to Ameri-

"It's about raising awareness and celebrating peoples' backgrounds of any kind while addressing community issues."

Venus Ricks,

Director of Multicultural Affairs

can Indians.

However, this is just one example of how Unity Week brings a medley of social topics to the table. There will be an event called Faith Community & Responsibility for Social Justice Action Panel

on Thursday, March 26 at 7 p.m. in Leedy Theater.

This panel hosted by representatives of the local religious community will address the importance of churches to participate in social activism. Ricks says that "people should not strictly think of religion as a moral police. The church must proactively combine activism with social responsibility to support diversity in people."

For example, people may see the church as a force that denounces homosexuality, but the panel will bring to light the idea that it is necessary for religion to be inclusive in order to truly promote virtuous living.

Ricks cannot stress enough that Unity Week is not simply about race. It is about all issues of diversity, and students should celebrate the opportunity to interact with an assortment of cultural perspectives.

B. KELLER

blk001@lvc.edu

GamerZone: Hand of Fate

GREGORY RENNER '15
CIRCULATION MANAGER

Hand of Fate, released on February 17th, is one of more interesting games for PC and PS4 that I have played recently.

The concept of the game is that you play as a character who has come to the gates of the other world to a table with a sole cloaked, mystical figure directing you to sit down to his table and play a unique game with him.

The gameplay is a game of resource management where you play as the hero trying to make his way to the cloaked figures 'Deckmaster.' Each round plays through a series of 'floors,' the cards laid out on the table in various patterns, and 'encounters' or what happens when you flip over a card and require the play to give up at least one food in order to start. Some types of encounters in the game are scenario stories involving mythical characters such as goblins and lake maidens which usually lead to the player trading their precious resources for rewards, such as giving the goblin food in exchange for new equipment.



Photo by happythumbsgaming.com

Another part of the gameplay is the combat system. Combat can occur as part of certain encounters in which you are raided or venture into a suspicious area. The game master at that point draws monster cards, which will determine what kind of monsters you will fight as a result of your encounter. The combat itself is pretty much the type of 360 hack-and-slash style of fighting, although you will spend most of your time in combat countering or rolling away from attacks that you can't counter. There are ability cards that can be activated during combat that usually take either the form of weapons or spell like effects, such as hitting enemies yields gold with each strike.

The one concern I have with this game is that it sometimes lags and the gathering of all of the cards at the end of each round of the game is a great eye sore to watch every time.

Overall, if you are interested in table-top styled games that involve thought in each action you take as the player than this game is certainly worth your time and money. If you are not into table-top styled games than I would say this game is not for you.

Happy gaming and I will come at you again soon with yet another game review.

G. RENNER

gar001@lvc.edu



CAMPUS CRIMEWATCH

All information courtesy of the LVC Department of Public Safety

3-16-15 | Dellinger Hall

Loose toilet seat, door will not close, fist sized hole in north wall

3-17-15 | Wagner House

Smoke/CO detector chirping, appeared to be a battery issue

3-18-15 | Summit Street

Boot placed on car

3-18-15 | Silver Hall

Drug paraphernalia confiscated

3-19-15 | Mund

Disgruntled ex-employee

3-20-15 | Vickroy Hall

Heart-shaped pendant found

Please report any suspicious activity to Public Safety at x6111.



SPORTS



Baseball, softball toughest opponent: SNOW

ANDREW WOOLLEY '15
STAFF WRITER

The first weekend of spring was supposed to be an exciting weekend for LVC baseball and softball.

Softball had a double-header scheduled for last Friday against Widener University, while baseball was even busier with back-to-back double-headers scheduled for Saturday and Sunday against Albright College and Widener as well.

Instead, the first weekend in spring greeted the two teams with a fresh blanket of snow, forcing all of the games slotted for the weekend to be rescheduled.

While both teams were able to play eight games during their annual spring break trip to Florida the first week of March, their returns to PA have greeted them with a cold reminder that they are no longer in the Sunshine State.

Baseball has fared only slightly better than softball, being able to squeeze in two wet and muddy games against Widener University

and E-town College since their return, while softball, unfortunately, has been forced to postpone all of their scheduled meetings since returning from Florida.

These conditions come as no surprise to Dutchmen upperclassmen, however. Playing college baseball/softball in the Northeast means being ready for schedule changes at a moment's notice, for both practices and games, as veteran players have seen time and time again.

In response to rainy or snowy weather, the two teams practice on the courts and the indoor tracks of Arnold Sports Center. Taking hundreds of groundballs off of a rubber court rather than a dirt infield, and hitting in an indoor batting cage is definitely not optimal, but players make the best of conditions that are outside of their control.

"You wake up and think that you have a game that day, or that you have practice inside at 2:30 or 4:30, but you really never know," says senior Phil Dohner, a four-



Photo provided by Andrew Woolley

McGill Field, home of LVC baseball, is still holding on to those last inches of snow

year member of LVC's baseball team.

"Sometimes we get a text from coach saying that our scheduled home game is actually being moved to our opponent's field because conditions are better there, or that our 4:30 indoor practice will actually be at three, and we will try to make it out on the field. We've seen every type of schedule change you can imagine. You just have to be ready to play when the

time finally does come."

"We have to be very flexible in our daily schedules and keep up with our school work because changes can come at any time," agrees Jorey Aumiller, a senior softball player.

Baseball and softball's next game was scheduled for this past Monday, where they are both supposed to face Albright College. But the snow that came over the weekend extended LVC's losing streak

against the weather this spring, and both games have been postponed.

We would all like to see the weather finally break, the snow to melt, and Spring to really be here, but surely none of us more than LVC's baseball and softball teams, who are both preparing for an even busier April and first week of May than usual.

A. WOOLLEY

adw004@lvc.edu

TRACK: Adams and Harnish reflect on their LVC careers

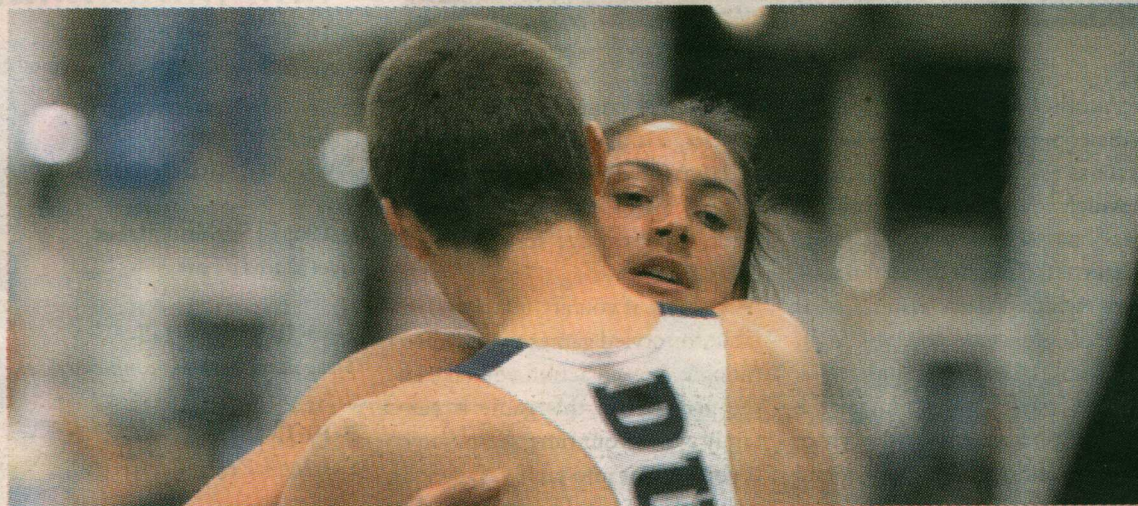
a physical therapy major.

The journey that led Adams winning the national gold was not an easy one. She qualified for nationals in her freshman campaign, and twice more before finally asserting herself as the nation's best in her last season of eligibility.

"Even after making all-American I had two more nationals trips where I came away empty handed," she said.

But in the end, Adams credited her success to "a lot of persistence because many things go wrong that nobody ever really thinks about or even realizes that they happen," she said, adding they "are all part of the story and the path that get you to where you end up."

With her LVC career coming to a close, Adams thanked her teammates, coaches, and LVC.



Photos from GoDutchmen

Adams and Harnish embrace after the championship races

"There aren't enough 'thank you's' to give to all the people that have helped me to develop into the person and the athlete that I ended up becoming," she said.

Much like Adams, senior

Michael Harnish is no stranger to the difficulty of competing nationally. He missed the cut to qualify for nationals in his freshman and sophomore seasons. Harnish finally broke through locking up

a spot among the nation's elite as a junior.

In his first trip to indoor nationals Harnish finished well enough to garner all-American status in the winter. Using that

as a launching point, Harnish managed to qualify for nationals during the outdoor track season as well.

"This year everything finally came together," he said. Knowing he could compete with anyone, Harnish said he gave his best effort and is proud of how he did. "It felt really good to get second," he said, adding, "I guess getting second place will keep me hungry for my last season of outdoor."

The accomplishments of Harnish and Adams reflect the sacrifice and dedication it takes to be among the best in the nation. Their story does not end on the winner's podium, however. Harnish and Adams are currently dating.

C. STRYKER

cas006@lvc.edu